

Breakfast Menu



01909 495920



The Works

Full English

£8.50

2 Sausages, 2 Bacon, 1 Hash Browns, 1 Egg, 1 Toast, Beans, Tomatoes and Mushroom (1105.37 Kcal)

Cereals containing Gluten (and products thereof), Egg and Egg Products, Milk and Milk Products, Soybean and Soybean Products, Sulphur Dioxide and Sulphites (>10mg/kg), Wheat

Hot Breakfast Rolls

Sausage Roll

£4.50

3 Sausages On A Buttered Roll (707.18 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Sulphur Dioxide and Sulphites (>10mg/kg), Wheat

Bacon Roll

£4.50

3 Rashers Of Bacon On A Buttered Roll (929.37 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat

Egg Roll

£3.50

1 Fried Egg On A Buttered Roll (290.98 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat

Toast

Toasted Tea Cake

£3.99

Toasted Teacake With 2 Butter Portions And Jam Pot (425.77 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat

Toast And Scrambled Egg

£4.50

2 Slices Of Buttered Toast With Freshly Prepared Scrambled Egg (883.23 Kcal)

Cereals containing Gluten (and products thereof), Egg and Egg Products, Milk and Milk Products, Soybean and Soybean Products, Wheat

Beans On Toast

£4.99

2 Slices Of Buttered Toast With Beans (582.90 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Soybean and Soybean Products, Wheat

Toast & Jam

£3.00

2 Slices Of Toast With 2 Portions Of Butter & Jam (390.34 Kcal)

Cereals containing Gluten (and products thereof), Milk and Milk Products, Soybean and Soybean Products, Wheat

Extra Portions

Toast (157.37 Kcal)

£1.00

Tomatoes (38.28 Kcal)

£2.00

Bacon (144.05 Kcal)

£2.00

Baked Beans (135.72 Kcal)

£2.00

Hash Brown (38.28 Kcal)

£2.00

Fried Mushroom (157.37 Kcal)

£2.00

Sausage (118.72 Kcal)

£2.00

Fried Egg (82.53 Kcal)

£1.00

Daily Calorie Needs: As recommended by the FDA, adults need around 2000 Kcal a day.

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Lunch

Southern Fried Chicken Burger & Chips

£ 8.99

(791.62 Kcal) Contains Celery/Celeriac (and products thereof), cereals containing Gluten (and products thereof), Wheat (as an ingredient). May contain: Barley (as an ingredient), Oats (as an ingredient), Rye (as an ingredient), Sesame seeds and Sesame Seed products.

Flame Grilled Steak Burger & Chips

£ 8.99

(1001.62 Kcal) Cereals containing Gluten (and products thereof), Egg and Egg Products, Milk and Milk Products, Soybean and Soybean Products, Wheat. May Contain Barley, Oats, Rye, Sesame Seeds, and Sesame Seed Products

Fish Finger Cob

£ 5.99

(476.22 Kcal) Cereals containing Gluten (and products thereof), Fish and Fish Products, Wheat. May Contain Barley, Oats, Rye, Sesame Seeds and Sesame Seed Products

Pizza

Stuffed Crust Cheese Pizza

£ 11.99

(1436.40Kcal) Contains Barley (as an ingredient), Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat (as an ingredient)

Stuffed Crust Pepperoni Pizza

£ 11.99

(1741.50 Kcal) Contains Barley (as an ingredient), Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat (as an ingredient)

Stuffed Crust Meat Feast Pizza

£ 11.99

Pork, beef peperoni, pork meatballs, fennel sausage & smoked ham

(1795.20 Kcal) Contains Barley (as an ingredient), Cereals containing Gluten (and products thereof), Milk and Milk Products, Wheat (as an ingredient)

Lite Bites

Chips

£ 2.50

(Per 200g serving, 304 kcal)

Chicken Tikka Pasty

£ 5.99

(513.00 Kcal) Cereals containing Gluten (and products thereof), Milk and Milk Products & Wheat

Peppered Steak Slice

£ 5.99

(607.50 Kcal) Contains Barley (as an ingredient), Cereals containing Gluten (and products thereof) Milk and Milk products, Wheat (as an ingredient)

Sausage Roll

£ 1.99

(397.20 Kcal) Cereals containing Gluten (and products thereof),Milk and Milk Products, Soybean and Soybean Products, Sulphur Dioxide and Sulphites, Wheat

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Jacket Potato

Jacket Potato & Cheese

Jacket Potato Served With Cheese & Side Salad

(765.97 Kcal) Contains Milk and Milk Products

£ 8.95

Jacket Potato & Tuna

Jacket Potato Served With Tuna & Side Salad

(700.37Kcal) Contains Fish and Fish Products, Milk and Milk Products

£ 8.95

Extra Portions

Beans (135.72 Kcal)

Cheese (165.88 Kcal)

£ 8.95

Cold Sandwiches

Cheese & Onion Sandwich

Cheese and Onion Sandwich On Malted Bread Served With A Side Salad

(657.37 Kcal) Contains barley, Gluten (and products thereof), Milk and Milk products, Soybean and Soybean products, Wheat

£ 8.95

Ham & Cheese Sandwich

Ham and Cheese Sandwich On Malted Bread Served With A Side Salad

(474.13 Kcal) Contains barley, Gluten (and products thereof), Milk and Milk products, Soybean and Soybean products, Wheat

£ 8.95

Tuna Sandwich

Tuna Sandwich On Malted Bread Served With A Side Salad

(478.47 Kcal) Contains barley, Gluten (and products thereof), Fish and Fish Products, Milk and Milk products, Soybean and Soybean products, Wheat

£ 8.95

Kids Lunch Box

Jam Sandwich

Jam Sandwich On White Bread

(430.62 Kcal) Contains Gluten (and products thereof), Milk and Milk products, Soybean and Soybean products, Wheat

£ 6.99

Ham Sandwich

Ham Sandwich On White Bread

(432.52 Kcal) Contains Gluten (and products thereof), Milk and Milk products, Soybean and Soybean products, Wheat

£ 6.99

Cheese Sandwich

Cheese Sandwich On White Bread

(686.78 Kcal) Contains Gluten (and products thereof), Milk and Milk products, Soybean and Soybean products, Wheat

£ 6.99

Kids Lunch Box Includes, Pom Bears, Chocolate Fredo & A Fruit Shoot

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